

UNITED STATES DISTRICT COURT  
WESTERN DISTRICT OF WASHINGTON  
AT SEATTLE

JULIE ANN HANSON, individually and as  
Personal Representative of the ESTATE OF  
MARILYN MOWAN, deceased,

Plaintiff,

v.

SNOHOMISH COUNTY, a municipal  
corporation, TY TRENARY, KAITLIN  
GEARY, JEFFREY LANGSAM, and JULIE  
ROUNTREE,

Defendants.

NO.

COMPLAINT  
(Deprivation of Civil Rights)

JURY DEMAND

COMES NOW the above-named Plaintiff, by and through her attorney of record, Cheryl L. Snow of the Law Offices of James S. Rogers, and by way of claim alleges upon personal knowledge as to herself and her own actions, and upon information and belief upon all other matters, as follows:

**I. PARTIES**

1. Plaintiff Julie Ann Hanson is the sister and the duly-appointed Personal Representative of the Estate of Marilyn Mowan, deceased. At all relevant times, Julie Ann Hanson

COMPLAINT – 1

**LAW OFFICES OF JAMES S. ROGERS**  
1500 Fourth Avenue, Suite 500  
Seattle WA 98101  
Ph: 206/621-8525 Fax: 206/223-8224

1 was a citizen of the United States and lived in Snohomish County. Julie Ann Hanson brings claims  
2 individually, and as Personal Representative of the Estate of her sister, Marilyn Mowan.

3 2. Marilyn Mowan, the decedent, was 62 years old when she died on September 23,  
4 2014, while housed at the Snohomish County Jail. At all relevant times, Marilyn was a citizen of  
5 the United States, living in Snohomish County, and as such was entitled to all rights, privileges,  
6 or immunities guaranteed under state law, federal law, and the Washington State and U.S.  
7 Constitutions. Marilyn's Estate brings claims through her surviving sister and Personal  
8 Representative, Julie Ann Hanson.

9 3. At all material times, defendant Snohomish County was a municipal corporation  
10 organized under the laws of the State of Washington, which by and through its agency, the  
11 Snohomish County Sheriff's Office ("SCSO") and its Snohomish County Corrections Bureau  
12 ("SCCB"), operated, managed and controlled the Snohomish County "Oakes Street" Jail ("SCJ")  
13 and employed, engaged and/or contracted with the remaining named defendants. Snohomish  
14 County is a public body responsible under state law for the acts and omissions of its employees,  
15 officials, and contractors, including those whose conduct is at issue.

16 4. At all material times, defendant Ty Trenary ("Sheriff Trenary") was employed by  
17 Snohomish County as the elected Sheriff for Snohomish County and acting under color of law. In  
18 his role as Snohomish County Sheriff, Defendant Trenary is responsible for the operation,  
19 administration, and management of the SCSO, SCCB, and SCJ, including formulating and  
20 implementing SCSO's policies and procedures and ensuring that its deputies are properly and  
21 adequately trained. Additionally, it is his responsibility to evaluate SCSO employees' conduct and  
22 to impose discipline if warranted.

23 5. At all material times, defendant Kaitlin Geary ("Deputy Geary") was employed by

1 Snohomish County as a corrections deputy, whose duties and responsibilities included providing  
2 for the custody and care of inmates, including monitoring inmates' mental and physical health. At  
3 all relevant times, Deputy Geary was acting under color of law within the course and scope of her  
4 employment.

5 6. At all material times, defendant Jeffrey Langsam ("RN Langsam") was licensed in  
6 Washington as a registered nurse and employed by Snohomish County as a nurse at SCJ. His  
7 duties and responsibilities included performing nursing assessments pursuant to defined protocols,  
8 assuring that immediate inmate health care needs are met, and coordinating appropriate follow-up  
9 care. At all material times, RN Langsam was acting under color of law and within the course and  
10 scope of his employment.

11 7. At all material times, defendant Julie Rountree ("MHP Rountree") worked as a  
12 Mental Health Professional (MHP) employed by Snohomish County at the SCJ. Her duties and  
13 responsibilities included performing mental health assessment pursuant to defined protocols,  
14 assuring that immediate mental health care needs are met, that risk for self-harm is protected  
15 against, and coordinating appropriate specialized follow-up care. At all material times, MHP  
16 Rountree was acting under color of law and within the course and scope of her employment.

## 17 II. JURISDICTION AND VENUE

18 8. This court has jurisdiction pursuant to 28 U.S.C. § 1331 and 28 U.S.C. § 1367.

19 9. Venue is proper in the Western District of Washington pursuant to 28 U.S.C. §1391  
20 because Defendant Snohomish County resides in this judicial district and because a substantial  
21 portion of the events and omissions giving rise to this claim occurred in Snohomish County,  
22 Washington, within the Western District of Washington.

23 10. Tort claims were filed in this matter pursuant to RCW 4.96, et seq., and over sixty

(60) days have gone by without resolution of the claims.

### III. STATEMENT OF FACTS

#### A. Defendants' Deliberate Indifference to Marilyn's Serious Mental Health Needs.

11. Marilyn Mowan was 62 years old at the time of her death. She was a gravely, chronically mentally ill woman who had been treated in the outpatient community health setting for years. Along with Type 1 Bipolar Disorder, Marilyn also suffered from psychogenic polydipsia, a serious psychiatric condition that compelled her to consume dangerous amounts of water. This psychiatric condition and Marilyn's risk for self-harm was well known by the SCJ based on Marilyn's previous stays at the jail, including a stay one month prior to her death that ended with a medical emergency being declared when Marilyn was found unresponsive in her cell after consuming a near lethal quantity of water. As described below, Marilyn's death, which the Medical Examiner attributed to water intoxication, was the direct result of the defendants' deliberate indifference to her serious mental health needs.

12. On September 19, 2014, Marilyn was arrested for slapping a mental health care worker at Compass Mental Health. Following the arrest, a police officer transported Marilyn to the Snohomish County Jail (SCJ) for booking.

13. Upon Marilyn's arrival at the SCJ, defendant RN Langsam performed a "fit for jail" evaluation to determine whether Marilyn was mentally and physically "fit for jail". Following his "evaluation", RN Langsam concluded that Marilyn suffered from no mental health issue and approved her placement into general population. It is apparent that RN Langsam conducted no meaningful assessment as to whether Marilyn was "fit for jail". He either failed to look at or ignored documentation that was replete throughout Marilyn's jail medical file from prior bookings describing the severity of her mental illness and her documented risk for self-harm. RN Langsam's

1 meaningless assessment and apparent inability to identify a chronically, gravely mentally ill  
2 individual that resulted in a finding that Marilyn was “fit for jail” and that the jail would be able  
3 to adequately care for and provide services to Marilyn, demonstrated a deliberate indifference to  
4 Marilyn’s obvious and apparent mental illness.

5 14. After accepting Marilyn into the jail, neither RN Langsam, nor any other employee  
6 at the SCJ contacted Compass Mental Health to obtain specific necessary information about the  
7 nature of Marilyn’s mental illness and what was necessary for her treatment while she was housed  
8 at the SCJ. No effort was made to receive updated, relevant information about Marilyn’s potential  
9 for self-harm by water-consumption or other means. This failure amounted to deliberate  
10 indifference and ignored extensive documentation throughout Marilyn’s inmate file regarding her  
11 long standing treatment at Compass Mental Health, the name and phone number of her case  
12 manager, and the willingness of Marilyn’s case worker and staff at Compass to provide necessary  
13 information and assistance.

14 15. Records obtained from the SCJ show that the serious nature of Marilyn’s risk for  
15 self-harm was known and apparent to the defendants. The records evidence knowledge arising  
16 from Marilyn’s prior stays at SCJ, including a stay in August of 2014, that resulted in a medical  
17 emergency at the jail after a deputy found Marilyn lying in her cell unresponsive and barely  
18 breathing. On August 4, 2014, after jail staff declared a medical emergency, Everett Fire medics  
19 arrived at the SCJ and transported Marilyn to Providence Hospital where she lay in a coma for  
20 over a week. Hospital doctors attributed Marilyn’s condition to water intoxication, and it is well  
21 documented throughout the medical records that Marilyn suffered from psychogenic polydipsia, a  
22 serious psychiatric condition in which the patient has a compulsion to consume dangerous amounts  
23 of water.

1           16.       Once Marilyn was released from Providence Hospital in August of 2014, she  
2 resumed her outpatient mental health treatment at Compass Mental Health, where she had been  
3 receiving treatment for years. Records from Compass show consistent documentation of  
4 Marilyn's psychogenic polydipsia and her risk for self-harm from water intoxication. Records  
5 show that following her release from Providence Hospital she openly and frequently talked about  
6 the medical emergency that had occurred at the SCJ and her compulsion to over-drink water. In  
7 the weeks prior to her death, Marilyn repeatedly told staff that she feared that she would drink too  
8 much water and expressed self-harming thoughts involving overconsumption of water. On  
9 September 11, 2014, police transported Marilyn from her apartment to Compass after she called  
10 911 reporting that she was suicidal. Following her arrival at Compass, Marilyn told just about  
11 anyone who would listen that she was going to drink so much water that she would have a seizure  
12 like the last time (she was in the SCJ) and die.

13           17.       By failing to conduct a meaningful assessment at booking, SCJ employees  
14 demonstrated a deliberate indifference to Marilyn's well documented serious mental illness. In  
15 addition to the records and events described above, the SCJ had knowledge that included the name  
16 of Marilyn's caseworker at Compass and the following prior jail safety alerts: "DO NOT  
17 RELEASE PER Compass Health, gravely disabled" and "[P]lease release during the day so that  
18 inmate can walk to Compass Health during business hours where her case manager will wait for  
19 her." The records provided both the name and direct phone number for Marilyn's case manager,  
20 who had communicated with the SCJ on prior occasions.

21           18.       Not surprisingly, within a day of being placed in general population, Marilyn's  
22 mental illness caused her difficulty, and jail deputies requested that she be placed in a special unit  
23 that could accommodate her mental illness. In stark contrast to defendant RN Langsam's finding

1 that Marilyn suffered from no mental health issues, deputies who interacted with Marilyn observed  
2 her as exhibiting signs of disassociation and paranoia and being confused about her surroundings  
3 and incarceration. Deputies overheard Marilyn repeatedly making self-harm statements, yet there  
4 appears to be no record made by deputies of the specific statements that she made and/or the  
5 manner in which she claimed that she intended to harm herself. Based on the deputies' concerns,  
6 Marilyn was moved to a mental health observation unit and placed on a 10-minute suicide watch.

7 19. On September 21<sup>st</sup>, Julie Rountree, a mental health professional ("MHP") for the  
8 jail removed the 10-minute watch of Marilyn. MHP Rountree's decision was made without  
9 conducting a comprehensive suicide risk assessment that included at minimum: a description of  
10 the antecedent events and precipitating factors; suicidal indicators; mental status examination;  
11 previous psychiatric and suicide risk history; level of lethality and recommendations and/or a  
12 treatment plan. MHP Rountree acted without input from or communication with Marilyn's mental  
13 health care providers at Compass Mental Health. There is no evidence to support MHP Rountree's  
14 conclusion that Marilyn's risk for self-harm, which was well documented throughout her medical  
15 file from her current and prior stays, had somehow diminished while Marilyn was in custody. The  
16 decision to remove the 10-minute suicide watch completely ignored Marilyn's long documented  
17 history of decompensating while incarcerated, instead of improving, particularly when she was  
18 isolated in a cell without access to adequate psychiatric care. Rountree's decision also ignored  
19 Marilyn's warning to MHP staff about her risk for self-harm arising from the disorder that  
20 compelled her to over consume water, including Marilyn's documented statement expressing her  
21 fear to a jail mental health worker, "I don't think my meds is working. I'm afraid I will drink too  
22 much water."

23 20. MHP Rountree's decision that Marilyn no longer posed a risk for self-harm, was

1 deliberately indifferent to Marilyn's serious mental health needs and risk for self-harm. MHP  
2 Rountree's decision is particularly concerning considering that the exact same decision one month  
3 prior by a fellow SCJ MHP resulted in the medical emergency described above where medics had  
4 to transport Marilyn from the SCJ to Providence Hospital where she lay in a coma for weeks. Jail  
5 records from August 4, 2014 establish that MHP Elizabeth Bellmer directed that the jail's 10-  
6 minute watch of Marilyn be removed. Just one day after Bellmer directed that the suicide watch  
7 be removed, an ambulance had to be summoned to the SCJ after a deputy discovered Marilyn  
8 unconscious in her cell during a routine check. The ambulance rushed Marilyn to Providence  
9 where she was treated for her near lethal ingestion of water.

10 21. After the 10-minute watch was dropped on September 21<sup>st</sup>, Marilyn remained in  
11 the Observation Unit (OU) of the SCJ. The OU module consists of eight "observation" cells and  
12 two "safety" padded cells. On the morning of September 23, 2014, Deputy Kaitlin Geary was  
13 assigned to the graveyard shift and responsible for all of the inmates housed in the OU.  
14 Responsible for only a few inmates that morning, Deputy Geary was required to know who the  
15 inmates were, what their needs were, and what type of watch was required for each. Deputy Geary  
16 admits that she was familiar with Marilyn, from prior contact during a previous booking.

17 22. On the morning of September 23<sup>rd</sup>, in the hallway where cells #1-4 were located,  
18 Marilyn was isolated from other inmates and was the only person occupying a cell. Deputy Geary  
19 knew that she was required to check on Marilyn at minimum every 30 minutes. Jail surveillance  
20 video for the hour prior to Marilyn's death obtained by Marilyn's family reveals that Deputy Geary  
21 ignored that requirement and, in so doing, utterly ignored the known serious mental health needs  
22 of Marilyn. Claims by Deputy Geary and Cpt. Jamie Kane ("Cpt. Kane") that Marilyn was  
23 observed to be perfectly fine minutes before she was discovered unconscious in her cell are not



1 credible in light of Marilyn's condition and the condition of her cell when the medical emergency  
 2 was declared and jail surveillance video. Upon information and belief, the credibility of Geary  
 3 and Kane will be seriously questioned along with the SCJ's intentional destruction of evidence  
 4 that includes: destroying all jail surveillance video beyond the one hour provided, altering the  
 5 death scene before investigators arrived, and Cpt. Kane approving defendant Geary's departure  
 6 from the SCJ before investigators arrived.

7 23. A review of the jail surveillance video from the hour prior to when Marilyn was  
 8 found unconscious in her cell shows that 45 minutes passed between when defendant Geary had  
 9 last checked on Marilyn (and every other inmate in the Observation Unit) and her discovery of  
 10 Marilyn lying in the back of her cell unconscious, in a large puddle of water and waste, naked from  
 11 the waist down. Photographs of Marilyn's cell document water and waste all over the floor and a  
 12 puddle where water had literally poured out of her body. Medics who attempted CPR on Marilyn,  
 13 described her startling condition upon their arrival, noting, "pt abdomen distended upon arrival to  
 14 jail and copious amounts of what appeared to be water was observed pouring from pt mouth during  
 15 the majority of the resuscitation." One of the medics had to request a towel to use to dry off after  
 16 performing CPR. Deputies had to mop the area around Marilyn before medics arrived.

17 24. A review of 50-minute surveillance video provided by the jail depicts the following:

18 6:56 a.m. Geary walks by Marilyn's cell and glances in.

19 6:57 a.m. Geary returns to her desk and sits down.

20 6:58 a.m. Geary writes in a log and makes a brief phone call.

21 7:00 a.m. Geary pulls out the newspaper and starts to read it.

22 7:03 a.m. Geary gets on her computer.

23 7:09 a.m. Geary begins a phone conversation that lasts for 10 minutes.

1           7:19 a.m.     Geary ends her 10 minute call, hangs up the phone, and walks  
2                           directly to a door where she greets Jamie Kane, a Captain at SCJ.

3           7:20 a.m.     Deputy Geary and Cpt. Kane walk together to a desk and sit down  
4                           in chairs directly facing one another. Deputy Geary's back is to the  
5                           module where Marilyn was housed. For the next 18 minutes, the  
6                           two remain face to face and engage in an uninterrupted  
7                           conversation.

8           7:38 a.m.     Cpt. Kane gets up and starts to walk away.

9           7:39 a.m.     Cpt. Kane exits the module. Geary pulls out her log book and starts  
10                          to record her next round of observations – before they occurred.

11          7:40 a.m.     Geary leaves her desk and starts her module checks.

12          7:40:20 am.   Geary looks into Marilyn's cell. Seconds later a medical emergency  
13                          is declared.

14  
15   **B. Deficiencies in Snohomish County Jail's Policies, Practices, and Customs Evidence  
Deliberate Indifference to Marilyn's Serious Mental Health Needs.**

16       25.       In September 2013, after various media sources ran stories about the unusually high  
17   number of deaths at the SCJ, the United States Department of Justice National Institute of  
18   Corrections ("NIC") came to Everett and conducted an assessment of the Snohomish County Jail's  
19   medical, mental health, and suicide prevention practices. The report summarizing the NIC's  
20   findings from the assessment was released to the public and left absolutely no doubt about SCJ's  
21   numerous failings that clearly amounted to deliberate indifference to the serious medical and  
22   mental health needs of inmates.

23       26.       The NIC assessment revealed a number of systemic and gross deficiencies in SCJ's

1 staffing, facilities, equipment, procedures, and policies (or lack thereof). The NIC assessment  
2 found that “inadequate health care staffing levels, unqualified intake health screens, absence of  
3 clear and formal policies and procedures, and a lack of a functional records system make timely  
4 and consistent access to appropriate health care virtually impossible”. (emphasis added).

5 27. Stressing the need for jail officials and local government leaders to understand and  
6 acknowledge that adequate inmate psychiatric treatment and mental health care is a fundamental  
7 constitutional obligation of the jail and, therefore, a constitutional duty of local government, NIC  
8 expressly and clearly informed the SCJ that the Constitution imposes a duty on jails to ensure an  
9 inmate’s safety and general well-being, and that this duty includes the duty to prevent unreasonable  
10 risk of serious harm and mandates the jail to protect against the risk of suicide and self-harm.

11 28. The NIC assessment revealed that defendant Trenary and the SCSO were operating  
12 the SCJ with no approved health care policies and procedures. This failing clearly amounts to  
13 deliberate indifference to inmates’ serious medical and mental health needs.

14 29. In September of 2013, the NIC report clearly informed defendants Trenary and  
15 Snohomish County that the SCSO’s practice of operating the SCJ “with no approved health care  
16 policies and procedures” in place was not acceptable. It defies reason that Trenary and the SCSO  
17 thereafter ignored the NIC assessor’s directive that jail officials “immediately begin the process of  
18 promulgating an evidence-based jail health care policy and procedure manual.” The NIC  
19 recommended that the policies, procedures, and protocols be placed into a single, comprehensive,  
20 and unified policy manual and that the manual follow the outline and content recommended by the  
21 National Commission on Correctional Health Care (NCCHC).

22 30. The NIC assessment revealed that the SCSO had no policy or practice in place for  
23 providing specialty care for inmates with serious medical or mental health needs that exceeded the

1 services available at the jail. The NIC specifically recommended that the SCJ remedy this failing  
2 by developing a policy and practice that would require the Jail to provide these inmates timely  
3 referrals for specialty care to appropriate medical or mental health care professionals qualified to  
4 meet their needs. The NIC informed the jail that their current practice was deficient and warned  
5 that more was needed than simply providing medication, segregating, and supervising mentally ill  
6 inmates. This recommendation was likewise ignored by defendants Trenary and Snohomish  
7 County.

8 31. The NIC warned the Jail about the necessity for close supervision of any inmate  
9 who had previously been identified as suicidal, stating that close observation should be required  
10 for “the inmate who is not actively suicidal, but expresses suicidal ideation and/or had a recent  
11 prior history of self-injurious behavior”. Likewise, close observation should be required for an  
12 inmate who denies suicidal ideation, but demonstrates other concerning behavior through actions,  
13 circumstances or recent history. The NIC instructed that “close supervision” means that staff shall  
14 observe the inmate at staggered intervals not to exceed every 15 minutes (e.g., 5, 15, 7 minutes).

15 32. Even after their deficiencies were made blatantly aware to them, the SCSO, under  
16 the direction of defendant Trenary, ignored the NIC’s recommendations and failed to heed their  
17 warnings. They failed to promulgate and implement policy. They failed to implement a standard,  
18 staggered watch that did not exceed 15 minutes for inmates, such as Marilyn, who had previously  
19 been identified as suicidal. They failed to implement any policy or practice that directed contact  
20 or communication with community based mental health care providers. They failed to implement  
21 a policy and/or practice that would require the SCJ to provide seriously ill inmates timely referrals  
22 for specialty care to appropriate medical or mental health care professionals qualified to meet their  
23 needs. They failed to develop and implement training for corrections deputies and classification

1 staff on mental health issues and suicide prevention. All of these failures ignore the defendants'  
2 duty to provide constitutionally sufficient mental health care and to adequately protect mentally ill  
3 inmates from the risk for self-harm and amounts to deliberate indifference.

4 33. Defendant Trenary's refusal to put into effect the recommendations of the NIC  
5 coupled with his continual and repeated ratification of his employees' actions in the death of  
6 Marilyn and numerous other inmates who died at the SCJ warrant punitive damages.

7 **IV. CAUSE OF ACTION: SECTION 1983 – 14<sup>TH</sup> AMENDMENT VIOLATION –**  
8 **DELIBERATE INDIFFERENCE TO MARILYN MOWAN'S SERIOUS MENTAL**  
9 **HEALTH NEEDS.**

10 34. Jail inmates have the constitutional right to receive and have access to adequate  
11 health care. The constitutional rights of pretrial detainees are at least as strong as those enjoyed  
12 by convicted prisoners. Prisoners are entitled to rights under the Eighth Amendment of the United  
13 States Constitution, while the rights of pretrial detainees emanate from the Due Process Clause of  
14 the Fourteenth Amendment. Courts have consistently applied the same constitutional standard for  
15 inmate medical care to psychiatric and mental health services.

16 35. By virtue of the facts set forth above, defendants violated Marilyn's federally  
17 protected rights by their deliberate indifference to Marilyn's serious mental health needs. As a  
18 direct and proximate result of the defendants' deliberate indifference to Marilyn's constitutional  
19 rights, she suffered damages including pre-death pain, suffering, terror and anxiety, in an amount  
20 to be proven at trial.

21 36. By virtue of the facts set forth above and the deliberate indifference of defendants,  
22 Julie Hanson and Marilyn's two brothers, lost their sister and were deprived of their constitutional  
23 right to love, society and companionship with her, for which they are entitled to compensatory and  
punitive damages in an amount to be proven at trial.

**V. PRAYER FOR RELIEF**

WHEREFORE, Plaintiff requests a judgment against Defendants:

1. Fashioning an appropriate remedy awarding Plaintiff general and special damages, including damages for pain, suffering, terror, and loss of consortium pursuant to 42 U.S.C. §§ 1983 and 1988, in an amount to be proven at trial;
2. Awarding Plaintiff reasonable attorneys' fees and costs pursuant to 42 U.S.C. §1988, or as otherwise available under the law;
3. Awarding Plaintiff punitive damages against the individual, non-municipal defendants to the extent authorized by law in an amount to be proven at trial;
4. Declaring the defendants jointly and severally liable;
5. Awarding Plaintiff any and all applicable interest on the judgment; and
6. Awarding Plaintiff such other and further relief as the Court deems just and equitable.

**VI. JURY DEMAND**

Pursuant to Rule 38(b) of the Federal Rules of Civil Procedure and LCR 38(b), Plaintiff respectfully requests a trial by jury on all issues properly triable by jury.

Dated: June 17, 2016

LAW OFFICES OF JAMES S. ROGERS

s/ Cheryl L. Snow  
Cheryl L. Snow, WSBA #26757  
Attorney for Plaintiff  
1500 Fourth Avenue, Suite 500  
Seattle, WA 98101  
Phone: (206) 621-8525  
Facsimile: (206) 223-8224  
Email: [csnow@jsrogerslaw.com](mailto:csnow@jsrogerslaw.com)